

# TERM 1 2024

## NEWSLETTER



# IMPORTANT

## DATES

Find out more on the "My Independent School Family" group.

### SWIMMING

Thursdays

Swimming will be for each year level on every Thursday until 21st March. They are required to bring sunsafe swimwear, a towel and dry clothes.

### CLEAN UP AUSTRALIA DAY

Friday 1st March

Students learn about the impact of rubbish on their local environment while playing an active role in their community.

### HARMONY WEEK

Monday 18th March

Harmony Week. Celebrating our diverse community.

### WORLD'S GREATEST SHAVE

Wednesday 20th March

This is our Year 9's Lifeskills fundraiser for a cause. More information to come soon.

### SWIMMING CARNIVAL

Thursday 21st March

Last swimming event for Term 1 is the Swimming Carnival. All year levels.

### HARMONY DAY

Friday 22nd March

Harmony Day celebrations. Dress as your nation from your POD and enjoy international foods.

### END OF TERM 1

Thursday 28th March

Due to the public holiday on the Friday, the Term will finish on the Thursday. 2 weeks holiday.

### GOOD FRIDAY

Friday 29th March

Easter long weekend.





# IMPORTANT

## DATES

Find out more on the "My Independent School Family" group.

### TERM 2 STARTS

Monday 15th April

We come back for a fresh new term.

### ANZAC DAY PUBLIC HOLIDAY

Tuesday 25th April

Anzac Day is a national day of remembrance for those who served and died in all wars, conflicts, and peacekeeping operations.

### LABOUR DAY PUBLIC HOLIDAY

Monday 6th May

Labour Day is an annual holiday to celebrate the achievements of workers.

### MALENY SHOW PUBLIC HOLIDAY

Friday 31st May

Maleny Show Society holds Maleny Show Day 2024, for its 101st year.

### END OF TERM 2

Friday 21st June

The end of Term 2, 2024.  
2 weeks holiday.

### START OF TERM 3

Monday 8th July

We come back for a fresh new term and a new semester.

### PUPIL FREE DAY

Friday 30th August

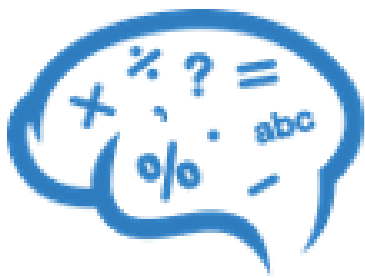
Pupil Free Day, no school for students.

### END OF TERM 3

Friday 6th September

The end of Term 3, 2024.  
3 weeks holiday.





# uEducateUs

## uEducateUs Mobile app update

A mandatory update is now available for the **uEducateUs Mobile app**

If you have any issues or need any assistance, please contact the support team on 1300 833 500.



## Installing the uEducateUs Mobile application

In order to download and install the **uEducateUs Mobile** application you must navigate to the default storefront for your device and search for: **uEducateUs Mobile**

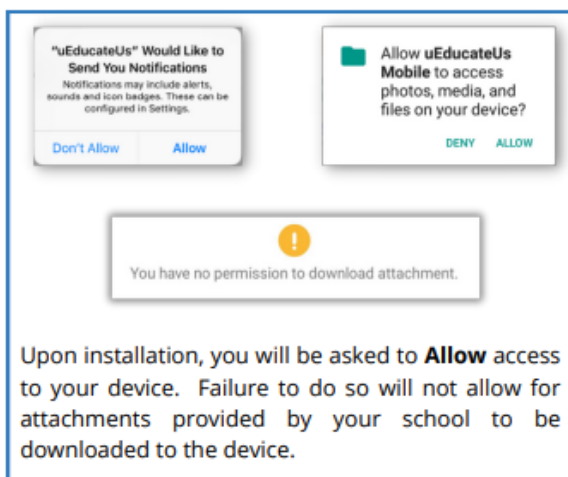
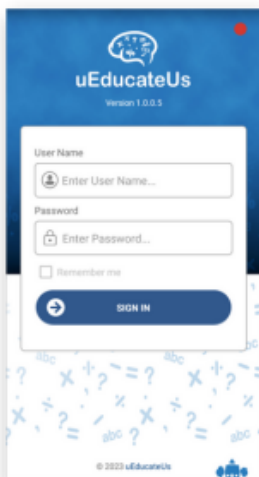


If you are an **iPhone** or **iPad** user, this would be the **App Store**.



If you are an **Android** user, this will be the **Google Play** store.

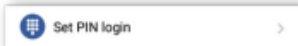
Once the app has finished downloading and has been installed on your device, click on the **uEducateUs Mobile** icon to open it.



Upon installation, you will be asked to **Allow** access to your device. Failure to do so will not allow for attachments provided by your school to be downloaded to the device.

You can choose to remember your login details via the Remember me check box.

PIN login can also be enabled from your Profile.



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Please reach out to Admin if you do not have your login details for uEducateUs.

If you are not regularly checking uEducateUs you may miss important information.

admin@mis.qld.ed  
u.au  
(07) 54942352



# SCHOOL

# HOURS

Our school hours are 9am to 3pm, if students are not present during those times they will be marked as unexplained absence unless otherwise advised by a parent or guardian. Those who are arriving after 9am will be marked as absent for the time prior to arrival, those leaving before 3pm will be marked as absent from the time they leave.

These absences will be reflected on their report cards.

It is a legal requirement from the Department of Education that the school seek explanations for a young person's absence.

## MARKING YOUR YOUNG PERSON AS ABSENT

1

2

3

4

Students  
No. of students selected: 1

Test, Student

Type  
Select Type...

Dentist/Orthodontist appointment

Family Holiday

Funeral / Bereavement

Hospitalised

Start Date  
28/2/2024

Students  
No. of students selected: 1

Type  
Other (please provide reason)

Start Date  
28/2/2024

End Date  
28/2/2024

Periods  
No. of periods selected: 6

All Periods

Pod Time - (My Independent School)

Period 1 - (My Independent School)

Period 2 - (My Independent School)

Comments

1. Select the student
2. Select a reason for absence.
3. Select the relevant classes they will miss.
4. Input a comment if putting reason as “other” or as required.
5. Save Absent note.

Alternatively email [admin@mis.qld.edu](mailto:admin@mis.qld.edu) or SMS 0483 880 919



**CAUGHT YA!**

**WEEKLY WINNERS**

**Bella M**

**Jasmin R**

**Marls G**

**Katherine C**

**Xavier R**

**Levi T**

Keep up to date with  
announcements on the  
"My Independent School  
Family" page.

**CAUGHT YA!**

DEMONSTRATING MIS PRINCIPLES

**YOU  
DID IT!**

Student Name:

**COMMITMENT**

Comment:

**INTEGRITY**

**RESPECT**

**SAFETY**

**COMMUNICATION**

Staff Member:

Date:



admin@mis.qld.edu.au  
(07) 5494 2352  
28 Simpson Street,  
Beerwah QLD 4519



# FROM THE PRINCIPAL

## WELCOME

Dear parents and carers,

It gives me great pleasure to extend a warm welcome to you all. It is fantastic to have extended our school community network and I look forward to working with you all throughout the year.

Furthermore, I am delighted that you can now engage our first newsletter for 2024.

As the Principal of this school, I am excited to have the opportunity to assist in sharing with you the latest news, events, and achievements from our school community. If it is anything like last year you will be in for a treat.

Our newsletter serves as a platform to keep you updated on the happenings in our school, including important information on academic programs, extracurricular activities, and upcoming events. We hope that it will be a valuable resource for you to stay connected with our school community and to learn more about the exciting opportunities available to our young people.

We are committed to providing quality education to our young people, and we believe that communication is key to ensuring their success. Our newsletter is just one way that we aim to foster strong relationships between our school and its community. We encourage feedback, so your thoughts and ideas are welcome.

Thank you for your continued support, and we look forward to sharing our journey with you. Furthermore, and extended thank you to all at MIS your dedication and support for the young people does not go unnoticed, and this is reflected in this brilliant showcase of newsletter.

Sincerely,  
Bronwyn Sewell  
Principal, MIS

## NEW ADDITIONS TO THE TEAM

**Saige**

Youth Worker

**Jared**

Teacher

Maths  
HPE  
Lifeskills

**Ben**

Teacher

English  
Lifeskills  
Languages

**Luca**

Teacher

**April**

Teacher Aide





# STAFF PROFILE

JARED S - TEACHER



## What do you enjoy about MIS?

There are many things I am enjoying about being a part of the My Independent School community with the main stand out being the culture of the environment, the community feel with the connection between the staff and the students. One aspect that I've always valued is the ability to come home from work and be able to say to myself, "that was a good day", as I know that if I'm having fun throughout the day that will pass on to the young people.

## What are your goals for the future?

Honestly my main aim is to inspire, whether that be academically or socially, my main goal in life is to provide a positive influence on everyone I cross paths with.

## What is your favourite quote?

Although I am not religious one of my favourite quotes comes from the bible "a man reaps what he sows". I personally resonate with this as it essentially states you get out whatever you put in.

## What Subjects are you passionate about?

I have a strong passion for all things related to sports and being outdoors, and I am also loving the lightbulb moments that comes with teaching mathematics.

## Tell us more about you?

Outside of the classroom I have many hobbies including a variety of sports (soccer, surfing, disc golf and running) I have always enjoyed music playing a variety of instruments (guitar and bass) and have always enjoyed being at the beach and travelling 😊



# CONGRATULATIONS

**KATHERINE**

Certificate II Cookery

Katherine had her first practical this term as part of her TAFE studies.



# CONGRATULATIONS

**ZAC**

**We received amazing news from TAFE@School:**

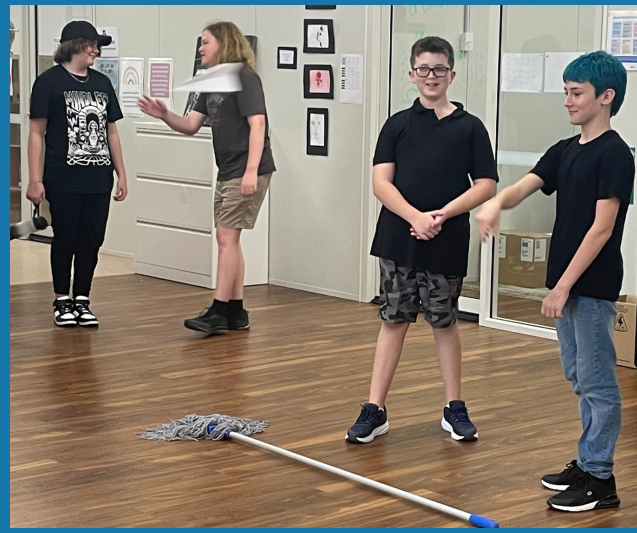
My name is Bernie Wilson, I am a TAFE@School Senior School Coordinator for Tafe Queensland. Every year TAFE Queensland Directors of Faculty, nominate a TAFE@School Graduate of the Year. Your student Zac Bird has received an Award for Outstanding Achievement within the Certificate II in Hospitality (SIT20322) for 2023.





# IN THE CLASSROOM

TERM 1 2024





# SCIENCE

## IN THE CLASSROOM

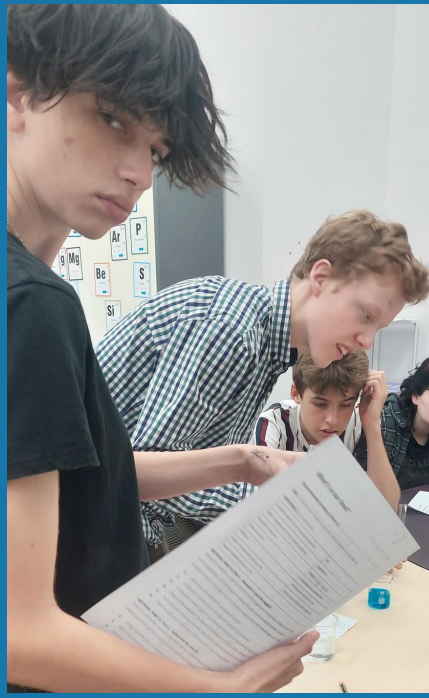
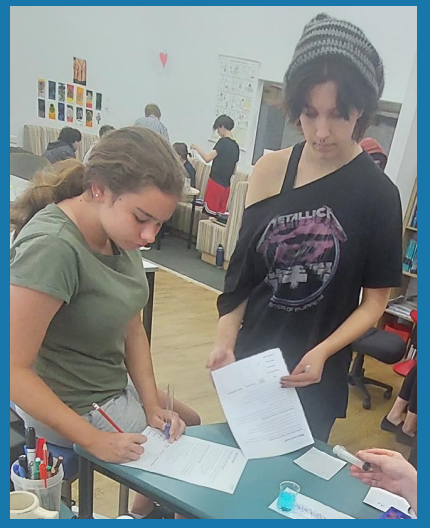
### “SCIENCE BREAD”





# INSIDE THE CLASSROOM

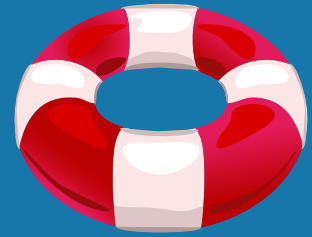
## TERM 1





# SWIMMING

## TERM 1





# SUSTAINABILITY CLUB

## TERM 1





# WELLNESS

## FEBRUARY

**Emergency CALM CARDS**  
Superpowered Calming Tools

Name three colours that you see.

Visualise yourself in a peaceful place.

# YOUTH SPEAK 2024

**THE THEME** WHAT'S GOING ON FOR YOUNG PEOPLE IN THE WORLD, IN THEIR COMMUNITIES AND WITHIN THEMSELVES

**YOUR ART DISPLAYED DURING YOUTH WEEK APRIL 2024**  
Art must be completed by mid March

**ALL ART MEDIUMS WELCOME**  
Painters, poets, sculptors and everyone in between welcome

**REGISTER YOUR PARTICIPATION HERE**  
Registrations close 08.03.2024

**FOR MORE INFO:** RECONNECT@IFYS.COM.AU  
CHARMAINE: 0438146172

IFYS Youth Transition Services

## Ingredients of a Growth Mindset

- Chasing opportunities to learn
- Viewing challenges as opportunities
- Making mistakes in order to improve
- Knowing intelligence is malleable
- Understanding growth is a journey instead of a destination



## WELLBEING WORD SEARCH

S	C	R	E	A	T	I	V	I	T	Y	S	R	R
E	X	E	R	C	I	S	E	D	R	G	O	N	N
U	T	E	F	E	R	U	T	C	U	R	T	S	G
C	T	S	Y	T	E	I	R	B	O	S	R	N	N
I	A	L	E	T	R	G	R	O	U	P	S	C	D
A	M	E	D	I	C	A	T	I	O	N	T	G	I
M	G	E	T	G	N	I	N	R	A	E	L	T	T
U	E	P	S	D	N	E	I	R	F	N	A	M	I
S	O	T	I	N	O	I	T	A	T	I	D	E	M
I	S	C	R	A	F	T	S	U	P	P	O	R	T
C	N	A	T	U	R	E	S	D	N	C	T	R	R
N	T	E	N	I	T	U	O	R	O	E	R	N	A
U	E	B	M	T	E	D	U	T	I	T	A	R	G
B	A	L	A	N	C	E	D	E	A	T	I	N	G

- NATURE
- FRIENDS
- EXERCISE
- NAMI
- GRATITUDE
- CREATIVITY
- MUSIC
- STRUCTURE
- MEDITATION
- SOBRIETY
- MEDICATION
- ROUTINE
- SUPPORT
- BALANCED EATING
- GROUPS
- LEARNING
- ART
- SLEEP
- CRAFTS

- Lifeline ..... 13 11 14
- Beyond Blue ..... 1300 22 4636
- Suicide Call back Service ..... 1300 659 467
- DVConnect Womens Line ..... 1800 811 811
- DVConnect Mens Line ..... 1800 600 636
- QLife ..... 1800 184 527
- Kids Helpline ..... 1800 55 1800
- eheadspace ..... 1800 350 890

If you have any Child Safety or wellbeing concerns, please feel free to reach out to our Youth Workers:

Desiree.C@mis.qld.edu.au  
Saige.Y@mis.qld.edu.au

If you're not feeling 100%, there are services and organisations who can help you.  
<https://www.mentalwellbeing.initiatives.qld.gov.au/support>



# WELLNESS

## FEBRUARY

### How to Respond to Teasing

If your child faces teasing or rudeness at school, here's a practical guide to help them navigate these situations:

#### Establishing Boundaries:

Teach your child to set boundaries. They can calmly ask the teasing person not to speak to them that way and try to work things out.

Explain that sometimes, teasing occurs unintentionally, and the other person may not mean to hurt their feelings.

#### Dealing with Rudeness on Purpose:

Rudeness on purpose is when someone intentionally wants to hurt others with their words, and it might continue even after being asked to stop.

Encourage your child to speak up and ask the person to stop. If the rudeness persists, advise them to seek help from a trusted adult.

#### Addressing Bullying:

Help your child recognize the signs of bullying, which is frequent and systematic. The purpose is to take away personal power and cause emotional harm.

In cases of bullying, teach your child to remove themselves from the situation and report it to a trusted adult. They must seek help when dealing with bullying.

Remind your child that teasing and rudeness are never acceptable, and it's not about them but the person being rude.

Empower your child to take action and give them choices on how to respond based on the specific situation.

By following this approach, you can support your child in handling these challenges effectively while preserving their self-esteem and personal power.



### 5 Things I Can Do to Stand Up for Myself

#### 1 Speak Assertively

"I don't like it when you do that."

#### 2 Stand Tall

Keep your head up and shoulders back.

#### 3 Speak Up

"I need help with..."

#### 4 Ignore It

and walk away.

#### 5 Find Friends

who support and encourage you.



### Complaints & Compliments

Please tell us when something is right or not right. You can do this by going on to the school website, then into policies and complaints policy and procedure.

### Availability for Psychology Assessments Children and Adolescents

- Cognitive Assessments
- Global developmental delay
- Intellectual disability
- Giftedness
- Learning difficulties
- Dyslexia
- ADHD Assessments
- Autism Assessments
- Vocational Assessments
- Memory and Learning

**CALL TO ENQUIRE ON (07) 5309 6128**



sunshine coast psychology clinic Suite 4/103 Sippy Downs Drive, Sippy Downs

### Parent Support

Partners in Parenting: Education: <https://pip-ed.web.app>

International Network for School Attendance: [www.insa.network/resources/questionnaires](http://www.insa.network/resources/questionnaires)

Parenting Strategies: [www.parentingstrategies.net](http://www.parentingstrategies.net)

Be You: Growing a mentally healthy generation. [www.beyou.edu.au](http://www.beyou.edu.au)

Emerging Minds: Child and Youth Mental Health Education. [www.emergingminds.com.au](http://www.emergingminds.com.au)

Fear-Less Triple P, to help children manage anxiety: [www.triplep-parenting.net/qld-en/free-parenting-courses/fear-less-triple-p-online/](http://www.triplep-parenting.net/qld-en/free-parenting-courses/fear-less-triple-p-online/)

